

Visio Divina: Faithfully Uncomfortable: 21-Day Journey Toward Racial Equality

If perhaps by chance I find myself encaged



Artist: Sedrick Huckaby, American, born 1975, M.F.A. 1999

2016 Oil on canvas and oil on CelluClay

- Take several minutes to simply be with the image “If perhaps by chance I find myself encaged.” If your mind wanders come back to the image. What do you see? What do you notice? What is stirring in you as you view the artwork?
- Come away from the image and with your eyes closed simply be in a centered silence for 2 or 3 minutes.
- Return to the image. As you are present to the artwork ponder what the Holy One might be saying to you through this artwork. Spend some time journaling about your experience with the image.
- Come away from the image and with your eyes closed simply be in a centered silence for 2 or 3 minutes. As you close this time of silence notice if you can picture the artwork in your mind’s eye without looking at it.
- Return to the image. As you are present to the artwork notice if you have a sense of call to do or be in response to your experience with *If perhaps by chance, I find myself encaged.*
- Come away from the image and with your eyes closed simply be in a centered silence for 2 or 3 minutes.
- Offer a prayer and consider returning to this artwork as you make your 21-day journey.

Photo credit: Yale University Art Gallery
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For further reading about the “If perhaps I find myself encaged” artwork and Artist Sedrick Huckaby

<https://imagejournal.org/2017/01/17/black-lives-black-art/>

<https://www.texasobserver.org/sedrick-huckaby-rattling-cages/>

<https://www.bu.edu/articles/2020/sedrick-huckaby-paintings/>

[Sedrick Huckaby Artist Talk at Valley House Gallery ...](#)

<https://www.youtube.com/watch?v=kmhlmTnZrAI>

<https://www.youtube.com/watch?v=gZlqbSGkIyc>

As you make this 21-day journey consider returning this artwork and ponder how it might be impacting your thoughts about the incarceration of black men in America.