



10 Promises for a Whole Life: You Are More than What You Produce

Rev. Sam Perkins

11 am | October 4, 2026

westpreschurch.org

WESTMINSTER
PRESBYTERIAN

WELCOME TO WESTMINSTER

Wherever you are on your journey of faith, you are welcome here.

At Westminster Presbyterian Church, we are a community learning to follow Jesus together. Our purpose is simple and bold: **Celebrating Grace. Following Jesus. Healing God's World.** We seek to live that out through: inspiring worship, deep belonging, and tangible compassion.

A FEW THINGS TO KNOW ABOUT US:

You will be warmly welcomed and genuinely known.

Westminster is large enough to offer depth and opportunity, yet small enough that relationships matter. We believe faith grows best in community, where people are seen, remembered, and cared for.

Worship here is joyful, thoughtful, and musically rich.

Rooted in the Reformed tradition, our worship engages both heart and mind. We cherish the beauty of tradition while allowing it to breathe through vibrant music, meaningful liturgy, and a spirit of creativity.

Our faith shows up beyond our walls.

We believe following Jesus leads us toward compassion. From caring for neighbors in crisis to working toward deeper healing in our community, Westminster seeks to embody God's love in tangible ways.

CHILDREN IN WORSHIP

The wiggles, whispers, and wonder children bring to worship only add to the joy. Children are always welcome in the Sanctuary. Worship bags are available in the narthex, and our nursery is open during the service for children ages three and under. However you and your children participate today, we're glad you're here.

JOIN US!

We believe the church is a gift everyone deserves to enjoy; a community of people committed to doing life together—enduring heartaches, celebrating joys, seeking out laughter, and pursuing a more just world as we follow the path of Jesus. We welcome new members on the third Sunday of every month. If you think Westminster may be the community for you, please reach out to Meredith Spagh, Director of Community Connections.

HEARING ASSISTANCE

Our Sanctuary is equipped with a hearing loop system for those with hearing aids or cochlear implants equipped with a T-coil (telecoil). Simply switch your device to the "T" or telecoil setting to connect directly to the sound system.

If today is your first visit, or one of many, we hope you'll come back and learn to follow Jesus with us.

GATHERING MUSIC

St. Columba | Healey Willan

WELCOME & ANNOUNCEMENTS

INTROIT

I Will Give You Rest | Ana Hernandez

*CALL TO WORSHIP

The world tells us to hurry.

But God invites us to rest.

The world measures our worth by what we produce.

But God calls us beloved.

These ancient words are more than rules.

They are promises for a whole life.

They show us the freedom God desires for the world.

With open hearts, we come to learn God's way.

*HYMN OF PRAISE #183

Come to Me, O Weary Traveler

*CONFESSION & FORGIVENESS

With hearts of sorrow,
we come before you, O God,
to confess what you already know:
we have failed to keep your laws.
Again and again, we have followed our own selfish will,
rather than your holy and life-giving will for our lives.
We have twisted your decrees and institutions
to suit our preconceptions and interests rather than your own.

Silence

Forgive us, O God, and cleanse us from hidden faults,
that the words of our mouths, and the meditations of all our hearts,
may be acceptable to you, our Rock and our Redeemer.

*PASSING OF THE PEACE

The peace of Christ be with you.

And also with you.

11 AM SERVICE

*SUNG RESPONSE #1

Holy, Holy, Holy, Lord God Almighty! | Verse 1

SHARING GOD'S STORY WITH OUR CHILDREN

SCRIPTURE

Mark 2:23-28

This is the Word of the Lord.

Thanks be to God.

SERMON

You Are More than What You Produce | Rev. Sam Perkins

*AFFIRMATION OF FAITH

adapted from The Heidelberg Catechism

What do we believe about Sabbath?

We believe God gives rest as a gift, so that creation may breathe again.

Why do we keep a holy day?

**To gather in worship, to listen for God's voice,
and to remember that our worth is not measured by our work.**

What does Sabbath teach us?

**That time itself belongs to God and that joy, worship, and rest are holy.
Trusting the God who rested and who restores, we receive the gift of Sabbath with
gratitude.**

*HYMN OF RESPONSE

Come and Find the Quiet Center
Verses 1-2

**Come and find the quiet center
in the crowded life we lead,
find the room for hope to enter,
find the frame where we are freed:
clear the chaos and the clutter,
clear our eyes, that we can see
all the things that really matter,
be at peace, and simply be.**

**Silence is a friend who claims us,
cools the heat and slows the pace,
God it is who speaks and names us,
knows our being, touches base,
making space within our thinking,
lifting shades to show the sun,
raising courage when we're shrinking,
finding scope for faith begun.**

INVITATION TO COMMUNION & PRAYER OF THANKSGIVING

**Our Father, who art in heaven, hallowed be thy name.
Thy kingdom come, thy will be done, on earth as it is in heaven.
Give us this day our daily bread;
and forgive us our debts, as we forgive our debtors;
and lead us not into temptation, but deliver us from evil.
For thine is the kingdom and the power and the glory, forever. Amen.**

**You are invited to rise in body or spirit.*

Bolded font denotes unison speaking & singing.

11 AM SERVICE

SACRAMENT OF THE LORD'S SUPPER

All are welcome at the table. Our communion elements are gluten-free bread & grape juice.

MUSIC DURING COMMUNION

For the Beauty of the Earth | John Rutter
Crystal Kachevas and Eby Buscher, sopranos

SHARING OF GIFTS & OFFERTORY

Christ Hath a Garden | K. Lee Scott

*Christ hath a garden walled around,
A Paradise of fruitful ground,
Chosen by love and fenced by grace
From out the world's wide wilderness.*

*Like trees of spice his servants stand,
There planted by his mighty hand;
By Eden's gracious streams, that flow
To feed their beauty where they grow.*

*Awake, O wind of heav'n and bear
Their sweetest perfume through the air:
Stir up, O south, the boughs that bloom,
Till the beloved Master come:*

*That he may come, and linger yet
Among the trees that he hath set;
That he may evermore be seen
To walk amid the springing green.*

*DOXOLOGY

OLD HUNDREDTH

**Praise God, from whom all blessings flow;
praise God, all creatures here below;
praise God above, ye heavenly host;
praise Father, Son, and Holy Ghost. Amen.**

CONGREGATIONAL MEETING

*CHARGE & BENEDICTION

*SENDING HYMN

Come and Find the Quiet Center
Verse 3

**In the Spirit let us travel,
open to each other's pain,
let our loves and fears unravel,
celebrate the space we gain:
there's a place for deepest dreaming,
there's a time for heart to care,
in the Spirit's lively scheming
there is always room to spare!**

POSTLUDE

Trees of the Field | James Biery

*You are invited to rise in body or spirit.
Bolded font denotes unison speaking & singing.

WORSHIP LEADERS

PREACHING

Rev. Sam Perkins

LITURGISTS

Rev. Betsy Swetenburg

Cary McMullen

MUSIC

Laura Alexander, Associate Director of Music

Westminster Chancel Choir

CURRENT SERMON SERIES:

THE TEN COMMANDMENTS: PROMISES FOR A WHOLE LIFE

The Ten Commandments are often treated simply as rules to follow, but what if we understood them as promises for life as it was meant to be lived? They begin not with demands, but with grace. Before God tells the Israelites how to live, God reminds them who they are: already loved and already chosen.

As we begin a new year of worship, faith formation, and fellowship, this sermon series will explore the commandments as invitations into a more spacious and faithful way of living—rooted in the good news that we belong to God and one another.

HOW CAN WE PRAY FOR YOU?

Prayer is one of the ways we care for one another and carry life together. If there is something on your heart—whether a joy, concern, loss, transition, or need—we invite you to share it with us. Prayer Request Cards are available in the pews and may be submitted during worship. You may also submit a prayer request through our website.

STAY CONNECTED THROUGH REALM

Realm is Westminster's online community and one of the easiest ways to stay connected throughout the week. Use Realm to register for events, connect with groups, update your contact information, communicate with others, and keep up with what's happening in the life of Westminster.

LIVING WITH OPEN HANDS

It's stewardship season: the time of year when we intentionally reflect on our finances and the role they play in our life of faith. Stewardship helps Westminster plan faithfully for the year ahead, but it is about more than a budget. It is an invitation to practice generosity and to consider how our financial lives can reflect the generous God in whose image we are made. Consider what generosity means for you in the year ahead. On November 1, there will be an opportunity to present your pledge card in worship. You can also make a pledge online at westpreschurch.org/give.



OCTOBER REJOYCE LUNCH

Thursday, October 8 | Noon | Fellowship Hall

All adults ages 65 and older are invited to the October ReJOYce Lunch. Our guest speaker, Leslie Loyd from A Simple Gesture, will share the story and mission of the organization and how its work helps fight hunger in our community. Come enjoy lunch, fellowship, and the opportunity to learn more about this local effort to serve our neighbors. Please register through Realm.

THE GREAT SEARCH: AN EVENING WITH JOHN PHILIP NEWELL

Friday, October 16 | 6:45–8:45 p.m.

Christ United Methodist Church | 410 N. Holden Road

Westminster is pleased to co-sponsor this special evening with Scottish author and spiritual teacher John Philip Newell. Drawing from his book *The Great Search*, Newell will explore where we can find hope, connection and a sense of home in a divided world. Rooted in the Celtic Christian tradition, his work invites people of all faith backgrounds—and anyone seeking deeper meaning, belonging and hope—to consider how reconnecting with the Earth, our inner lives and one another can bring healing and renewal. Cost: \$35 per person. Childcare is available.

TRUNK OR TREAT

Sunday, October 25 | 4:30–6 p.m. | Talent Field and Parking Lot

Bring your family and friends for an evening of decorated trunks, costumes and treats! We also need volunteers to host trunks and help with the event. Sign up to volunteer or register your trunk through Realm.



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Westminster Presbyterian GSO



WestminsterPresbyterianGSO

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