



Assumption of Risk, Waiver and Release Agreement

Assumption of Risk: I understand that the Activities¹ in which I will engage at or near the U.S. National Whitewater Center (USNWC) will expose me to many hazards and involve risks of property damage and loss, and of personal injury, illness and death. I choose to participate in and observe the Activities despite all hazards and risks. I assume all hazards and risks and accept responsibility for any property damage and loss, and for any personal injury, illness and death that I may suffer from the Activities. **I understand that these Activities are not rides or amusement devices but are extreme sports that necessitate my active participation and require me to listen and heed all instructions and warnings.**

Waiver and Release: In consideration of USNWC providing services and facilities to allow me to participate in and observe the Activities, and on behalf of myself and my family, heirs and personal representatives:

- I waive my right to sue USNWC² for any property damage and loss, and any personal injury, emotional distress, illness and death, which I may suffer while participating in or observing the Activities, whether caused by the acts or omissions of USNWC or otherwise.
- I release USNWC from all liabilities and claims arising from the Activities.
- I understand that I should be in good physical health to participate in the Activities.
- I promise USNWC that I will not participate in the Activities if I am under the influence of alcohol or drugs.
- USNWC may take and use photographs, video, film and other images of me participating in or observing the Activities. I waive any right of privacy, publicity, compensation, copyright or other rights to those images and I consent to USNWC using those images for any purposes.

Indemnity: I agree to indemnify and hold USNWC harmless from all claims, causes of action, liability, losses, or damages for any property damage, property loss or theft, personal injury, death or other loss arising from or relating to my use of the property, facilities, and/or services of the USNWC. I also consent to venue and jurisdiction as determined by the USNWC.

Acknowledgement of Policies and Procedures: I acknowledge reading and understanding the Rules & Regulations relating to the Activities, facilities of the USNWC, and equipment and understand that the safe and proper use of the facilities and equipment and that participation in the Activities is dependent upon carefully following the Rules and Regulations. I agree to comply with and abide by those Rules & Regulations.

Acknowledgement of Skills, Training and Physical Condition: I acknowledge that the Activities are strenuous and dangerous and require a certain degree of physical condition, ability, maturity and skill. I acknowledge that I (or my child) have the requisite skills, qualifications, physical and mental ability and training necessary to properly and safely participate in the Activities. I agree that if I have any questions as to what skills, maturity, qualifications, training or physical or mental requirements are necessary to properly participate in the Activities, I will direct those questions to the USNWC.

Acknowledgement of Understanding: I have read this Agreement, I understand its contents and I sign it voluntarily. I intend by this Agreement to **assume all hazards and risks, waive all rights to sue and release all liabilities and claims** with respect to my participation in the Activities. I understand that this Agreement has **no expiration date** and remains in effect at all times that I am observing or participating in the Activities.

_____ Name of Participant	_____ Participant's Signature	_____ Date
Address: _____	City: _____	State: _____ Zip: _____
Phone No.: _____	E-mail: _____	Date of Birth: _____
Emergency Contact: _____	Contact's Phone No. _____	

Consent of Parent or Legal Guardian (if participant is under 18 years of age)

I certify that I am the parent or legal guardian of the above named Participant, that I have read and understood the Rules & Regulations and that the Participant is of adequate physical health, maturity, ability and skill and voluntarily participates in the Activities. I give my permission for Participant to participate in the Activities and I execute this Assumption of Risk, Waiver and Release Agreement on his/her behalf. This Agreement shall apply to and bind me and the Participant.

_____ Name of Parent/Guardian of Participant if Minor	_____ Parent/Guardian's Signature	_____ Date
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Please exclude me from all correspondence from the USNWC such as newsletters, notices and offers.

¹ Activities are defined as all activities associated with or occurring at or near the USNWC, including, without limitation, rafting, kayaking, canoeing, climbing, biking, hiking, running, trail usage, eco-caching, utilizing the challenge course, zipping, spectating, walking and special events.

² USNWC means U.S. National Whitewater Center, Inc., its directors, officers, employees, agents, volunteers, sponsors, advertisers and lessors.

USNWC Rules and Regulations

Observe All Posted Signs And Warnings.

Paddling Rules and Etiquette

- We recommend that rafting participants be at least 8 yrs old for Family Rafting, 11 for Adventure Rafting and 16 for Rodeo Rafting.
- Keep your hands on your paddle when riding the conveyor belt and never touch any aspect of the conveyor belt system.
- All participants must have a whitewater PFD and helmet while on the river.
- We strongly recommend that all persons engaging in any activity on the water should be able to swim
- No swimming is allowed in the whitewater channels.
- Upstream boaters ALWAYS have the right-of-way.
- Whenever paddling out of any eddy or merging into the main current, yield to others.
- Standard river etiquette applies at all times.
- Stay 50 feet away from the intake and outtake of the pumps.
- The Waiver and Assumption of Risk form must be signed for ANY guest to participate in any activity.
- If you see another boater struggling, please help or notify someone who can help.
- USNWC staff reserves the right to ask any participant to leave the premises.
- All boats are subject to approval by USNWC. Whitewater specific boats only allowed in the channels. No Inflatables.
- Proper floatation is required in all boats.
- Bibs must be worn to paddle the whitewater in a canoe or kayak.
- If you do not return the bib the unreturned bib fee is \$100.
- USNWC staff will require any boater without appropriate bib color to get off the water.

Climbing Rules and Etiquette

- All climbers must check in prior to climbing.
- Do not climb without shoes. Socks must be worn with rental shoes and rental shoes are only to be worn in mulched areas.
- Always remain in control.
- No food or beverage or pets are allowed inside mulched areas. Please do not remove mulch from climbing area.
- Children under 14 must be accompanied by an adult at all times.
- Standing underneath climbers is dangerous. Avoid walking or standing between climbers and belayers.
- Do not swing on ropes.
- Please notify staff of loose holds. Only USNWC staff may add, tighten, or move climbing holds and bolts.
- Personal gear is subject to approval from USNWC climbing staff.
- Climber's check-in tags or wrist band must be visible to staff at all times.
- Remove rings, jewelry and objects from pockets and belts when climbing.
- Do not use steel bolt hangers as climbing holds.
- Avoid climbing with your head below waist.
- All belayers must be checked out by USNWC climbing staff.
- Belayers must be anchored to the ground chains, and keep their brake hand on the rope at all times.
- Audible climbing commands must be used before each climb.
- Climbers and belayers must check each other's set-up before each climb.
- Climbers must stay within route to prevent pendulums.
- Un-rope climbers must yield to roped climbers at all times.
- Topping out is not allowed and spotters are strongly encouraged while bouldering.
- Climbing higher than your own height is prohibited when bouldering outside the designated bouldering area.
- Bikes and strollers are not allowed in the mulched areas for everyone's safety.
- Support your fellow climbers and take ownership in building the climbing community.

Biking/Trail Rules and Regulations

- All riders and trail users use the trail at their own risk and are responsible for their own safety at all times.
- Trail users must remain observant of ever changing trail conditions and trail hazards that exist throughout the trail system.
- Trail users recognize that the trails are narrow, technical and considered very difficult and hazardous even for experienced users.
- Helmets must be worn and trail users must remain in control at all times.
- Trail users must ride only on the trails and ride only in the direction designated on the trail.
- Trail users are to always remain on the lookout for and yield to other trail users.
- Trail users must move off of the trail whenever stopping for any period of time and always allow others to pass.
- Trail users should always allow faster trail users to pass.
- All trail users must remain off of the trails when the trails are closed. Trail status is located at USNWC.org and the trail-head.

***ANYONE UNDER THE INFLUENCE OF ALCOHOL WILL NOT BE PERMITTED TO PARTICIPATE
IN ANY ACTIVITIES***