

Why should I pray the Lord's Prayer when it feels like I'm just going through the motions?

Questions for thought....

Based on Matt. 6:9-13, & Matt. 6:7

- What language do you find archaic or old-fashioned in the Lord's Prayer? Do you like the more formal language, or does formal language make it harder for you to connect with the prayer?
- Is it important to know the Lord's Prayer by heart? Why? Why not?
- Why do people say they know something "by heart" when they're talking about memorization?
- How long does it take before you can do something by heart?
- What disciplines do you practice everyday?
- What situations can you imagine in which knowing the Lord's Prayer by heart might be helpful or beneficial?