

Space For God



Being present in prayer and silence



Space for God is a six-week series designed to create a time and space apart that serves participants' desire to be awake and alive to the Divine Presence of God in the ordinariness of daily life. Through various prayer forms, we will listen and experience being present for the Holy One who is always around and within us.

Opening Retreat: Sunday, Sept. 12, from 1–5:30 pm
Six Sessions on Tuesdays, Sept. 14-Oct. 19, from 7–8:30 pm

Nurturing silence in a noisy world ...

Who should consider participating in this experience?

- ∞ Those who seek to be more attentive to God's presence in daily life
- ∞ Those who wish to enrich their prayer life
- ∞ Those who simply want time and space to be still and rest
- ∞ Those who are seeking a community of like-minded souls to support their desire to "be still before the Lord"
- ∞ Those whose schedules allow them to commit to an opening, half-day retreat and six, 90-minute sessions

What can I expect?

You can expect to receive many blessings through praying with the community of people who choose to participate. You will be encouraged to set a quiet time apart each day during the series for yourself. Otherwise, you need no preparation; God is setting the table for us and all we need to do is show up.

This series is not a Bible study, theological discussion or support group. It is a structured time for silence, prayer and personal reflection.

Who will facilitate the sessions?

Jane Sharp is a member of Westminster and is currently enrolled in the Shalem Institute's 18-month program, "Leading Contemplative Prayer Groups and Retreats." She has previously facilitated spiritual formation retreats and small groups, Bible studies and Westminster's healing prayer shawl ministry. Professionally, she has led numerous corporate seminars and retreats.

What will we be doing in the sessions?

During the six-week series, we will explore several prayer forms and practice seeking God's Presence in the ordinariness of the here and now of our daily lives. In our evenings together, we will set aside time for prayer with the intent of being open to the Spirit and the Presence of God. We will draw on ancient Christian traditions in the prayer forms such as silence, sound, imagery, and scripture.

During each session, there will be a brief introduction to a prayer form. Then participants will be led into a time of silence using this type of prayer. There will be a time for personal reflection (journaling, drawing, being still, etc). Each evening will conclude with an optional sharing time.

The opening, half-day retreat will set the table for our time together. We will explore our spiritual journeys, spend time in reflection and silence and begin to build community for the journey. We will create the foundation for an approach to prayer that is quiet, simple and open to the presence of God in our daily lives.

How do I register/get more information?

To register do one of the following:

- ∞ Call the church office at (336) 299-3785
- ∞ E-mail Butch Sherrill at butch.sherrill@westpreschurch.org
- ∞ Sign up on Take Note during worship services.

Class size is limited.

If you have any questions, call Jane Sharp at (336) 286-0679 or Butch Sherrill at (336) 299-3785.



Friendly Avenue Campus

3906 West Friendly Avenue, Greensboro, NC 27410 (336) 299-3785

Lake Brandt Campus

4747 Lake Brandt Road, Greensboro, NC 27455

info@westpreschurch.org

www.westpreschurch.org